

Vegetarian Menu

April 2021

Monday, 29 March 2021	Tuesday, 30 March 2021	Wednesday, 31 March 2021	Thursday, 01 April 2021	Friday, 02 April 2021
Mediterranean Halloumi & Mozzarella with Basmati Rice and Mashed Pumpkin V1	Mushroom Kebabs with Potato Gratin and a Sunflower and Feta Roasted Beetroot V1	Creamy Vegetarian Al Fredo with Bacon and Steamed Mixed Vegetables on the Side V1	Traditional Cape Malay Vegetarian Bobotie, Savoury Yellow Rice and Fried Peas V1	Hungarian Vegetable Goulash Savoury Rice and Cream Spinach V1
Sweet & Sour Vegetarian Stir-Fry on Egg Noodles V2	Vegetarian-Balls and Mozzarella Bake with Savoury Rice and Creamy Spinach V2	Honey Pineapple Glazed Halloumi with Rice Salad & Carrot Salad V2	Teriyaki Vegetable and Green Bean Stir-Fry On Egg Noodles V2	Vegetarian Curry and Rice with Sweet Gem Squash V2
Monday, 05 April 2021	Tuesday, 06 April 2021	Wednesday, 07 April 2021	Thursday, 08 April 2021	Friday, 09 April 2021
Mediterranean Halloumi & Mozzarella with Basmati Rice and Mashed Pumpkin V1	Mushroom Kebabs with Potato Gratin and a Sunflower and Feta Roasted Beetroot V1	Traditional Spaghetti (Vegetarian) Bolognese and Fried Green Beans V1	BBQ Veg & Mushroom Kebabs with Mash & Gravy & Steamed Carrots V1	Breadless Mushroom Burger (Vegetarian) with Potato Wedges and a Side Salad V1
Sweet & Sour Vegetarian Stir-Fry on Egg Noodles V2	Vegetarian-Balls and Mozzarella Bake with Savoury Rice and Creamy Spinach V2	Creamy Chickpea A La King with Roasted Butternut on Fettuccini V2	Italian Vegetable-Balls in Tomato, Mash & Gravy and Steamed Carrots V2	Honey Mustard Tofu & Onion Medallions with Savoury Rice and Fried Baby Marrows V2
Monday, 12 April 2021	Tuesday, 13 April 2021	Wednesday, 14 April 2021	Thursday, 15 April 2021	Friday, 16 April 2021
Coconut Chickpea Curry with Basmati Rice and Marinated Vegetable Salad V1	Sticky Tofu & Feta Salad V1	Asian Vegetarian Stir-Fry with Basmati Rice and 3 Bean Salad V1	Sweet & Sticky Vegetable Stir-Fry, Rosemary Roasted Potatoes and Creamy Spinach V1	Mushroom, Veg & Leek Bake with Savoury Rice and Harvard Beetroot V1
Rich Vegetable & Red Wine Potjie with Savoury Rice and Steamed Broccoli V2	Roasted Cajun Halloumi & Feta, Origanum Potatoes with Sweet Carrots & Peas V2	Vegetarian Sausage with Honey & Mustard Mash, Cauliflower with Cheese Sauce V2	Roast Tofu with Roast Potatoes and Fried Green Beans V2	Vegetarian Cottage Pie with a Side Salad V2
Monday, 19 April 2021	Tuesday, 20 April 2021	Wednesday, 21 April 2021	Thursday, 22 April 2021	Friday, 23 April 2021
Breadless Vegetarian Mushroom Burger with Potato Wedges and a Side Salad V1	Asian Vegetarian, Sesame Stir-Fry on Egg Noodles V1	Vegetarian Bangers & Mash with Steamed Carrots V1	Creamy Chickpea Lasagne, Roasted Broccoli & Cauliflower V1	Lemon & Herb Roast Halloumi, Sweetcorn Salad, Creamy Potato Bake V1
Roast Brinjal & Baby Corn - Glazed, Potato Salad & No-Lettuce Greek Salad V2	Vegetarian Schnitzel with Creamy Mushroom Sauce, Gordon Ramsey's Potato Boulangère, Condensed Milk Carrots V2	Traditional Lentil Lasagne with Green Bean and Cabbage Stir-Fry V2	Fried Halloumi with Mushroom Sauce, Savoury Rice & Creamy Spinach V2	Veg-Balls in a Rich Tomato Gravy, Sweetcorn Salad, Creamy Potato Bake V2

Monday, 26 April 2021	Tuesday, 27 April 2021	Wednesday, 28 April 2021	Thursday, 29 April 2021	Friday, 30 April 2021
Cajun & Feta Brinjals with Baby Marrow & Mushroom Stir-Fry and Creamy Potato Bake V1	Spinach, Feta, Mushroom and Lentil Lasagne with Greek Salad V1	Braised Beef Tofu, Pap & Sheba, Sweet Gem Squash V1	Chickpea & Lentil A La King on Fettuccini, Steamed Carrots & Peas V1	Moroccan Brinjal & Mushroom Bake, Greek Potatoes and Baby Marrow Stew V1
Rich Patty-Pan, Baby Marrow & Butternut Potjie, Mushroom Fried White Rice and Creamy Spinach V2	Italian Mushroom Bolognese with Jamie Oliver's Potroast Cauliflower V2	Honey & Mustard Crumbed Feta with Mash & Gravy, Sweet Gem Squash V2	Braised Tofu with Pasta Salad and Fried Brussel Sprouts V2	Lemon Coriander Black Mushroom, Roast Potatoes and Stir-Fry Vegetables V2

Orders:

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