

Traditional Menu

April 2021

	Monday, 29 March 2021	Tuesday, 30 March 2021	Wednesday, 31 March 2021	Thursday, 01 April 2021	Friday, 02 April 2021
Lunch	Boerewors & Bacon Lasagne, Sweet Butternut A	Creamy Chicken & Mushroom Open Pie, Mash & Gravy and Cinnamon Sweetcorn A	Creamy Pasta Al Fredo with Bacon and Steamed Mixed Vegetables on the Side A	Traditional Cape Malay Bobotie, Savoury Yellow Rice and Fried Peas A	Hungarian Beef Goulash Savoury Rice and Cream Spinach A
Dinner	Chicken, Bacon & Mushroom Bake, Roast Potatoes and Sweet Butternut B	Sweet & Sticky Chicken Kebabs with Mash & Gravy and Sweetcorn B	Honey Pineapple Glazed Gammon with Rice Salad & Carrot Salad B	Teriyaki Beef and Green Bean Stir-Fry On Egg Noodles B	Beef Curry and Rice with Sweet Gem Squash B
	Monday, 05 April 2021	Tuesday, 06 April 2021	Wednesday, 07 April 2021	Thursday, 08 April 2021	Friday, 09 April 2021
Lunch	Roasted Honey & Mustard Chicken, Mashed Pumpkin and Roast Potatoes A	Gammon & Chicken Kebabs with Potato Gratin and a Sunflower and Feta Roasted Beetroot A	Traditional Spaghetti Bolognaise and Fried Green Beans A	BBQ Beef Kebabs with Mash & Gravy & Steamed Carrots A	Breadless Mushroom Burger with Potato Wedges and a Side Salad A
Dinner	Beef Cottage Pie with a Greek Salad B	Ginger Roasted Pork Chops, Savoury Cous-Cous and Cream Spinach & Feta B	Creamy Chicken A La King with Roasted Butternut on Fettuccini B	Italian Meatballs in Tomato, Mash & Gravy and Steamed Carrots B	Honey Mustard Pork Medallions with Savoury Rice and Fried Baby Marrows B
	Monday, 12 April 2021	Tuesday, 13 April 2021	Wednesday, 14 April 2021	Thursday, 15 April 2021	Friday, 16 April 2021
Lunch	Coconut Chicken Curry with Basmati Rice and Marinated Vegetable Salad A	Creamy Chicken & Green Pepper Stroganoff on Tri-Coloured Noodles with Balsamic Tomato, Mushroom & Spinach Stir-Fry A	Asian Beef Stir-Fry with Basmati Rice and 3 Bean Salad A	Sweet & Sticky Pork Chops, Rosemary Roasted Potatoes and Creamy Spinach A	Mushroom, Hake & Leek Bake with Savoury Rice and Harvard Beetroot A
Dinner	Pork Neck Slices with Mash & Gravy and Marinated Vegetable Salad B	Sirloin Steak Kebabs with Potato Salad and Condensed Milk Carrot Salad B	Lamb Sausage with Honey & Mustard Mash, Cauliflower with Cheese Sauce B	Roast Chicken with Roast Potatoes and Fried Green Beans B	Beef Cottage Pie with a Side Salad B

	Monday, 19 April 2021	Tuesday, 20 April 2021	Wednesday, 21 April 2021	Thursday, 22 April 2021	Friday, 23 April 2021
Lunch	Breadless Mushroom Burger with Potato Wedges and a Side Salad A	Rump Wors with Mash & Gravy and Sweet Pumpkin Pie A	Pork Bangers & Mash with Steamed Carrots A	Creamy Chicken Lasagne, Roasted Broccoli & Cauliflower A	Lemon & Herb Roast Chicken, Sweetcorn Salad, Creamy Potato Bake A
Dinner	Honey Mustard Pork Medallions with Savoury Rice and Fried Baby Marrows B	Asian Chicken and Sesame Stir-Fry on Egg Noodles B	Traditional Beef Lasagne with Green Bean and Cabbage Stir-Fry B	Deboned Pork Rib with Mushroom Sauce, Savoury Rice & Creamy Spinach B	Meatballs in a Rich Tomato Gravy, Sweetcorn Salad, Creamy Potato Bake B
	Monday, 26 April 2021	Tuesday, 27 April 2021	Wednesday, 28 April 2021	Thursday, 29 April 2021	Friday, 30 April 2021
Lunch	Roast Gammon Slices, Baby Marrow and Mushroom Stir-Fry, Creamy Potato Bake A	Mild Peri-Peri Roasted Chicken with Fried Green Beans and Coleslaw A	Braised Beef Short-Rib, Pap & Sheba, Sweet Gem Squash A	Chicken A La King on Fettuccini, Steamed Carrots & Peas A	Moroccan Tenderized Steak, Greek Potatoes and Baby Marrow Stew A
Dinner	Cajun & Feta Chicken with Baby Marrow & Mushroom Stir-Fry and Creamy Potato Bake B	Matured Sirloin Steak with a Creamy Mushroom Sauce, Boereboontjies and Coleslaw B	Honey & Mustard Pork Neck with Mash & Gravy, Sweet Gem Squash B	Braised Chuck Steak with Pasta Salad and Fried Brussel Sprouts B	Lemon Coriander Chicken Roast, Roast Potatoes and Stir-Fry Vegetables B

Orders:

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