

## Vegetarian Menu

## November

Monday, 02 November 2020	Tuesday, 03 November 2020	Wednesday, 04 November 2020	Thursday, 05 November 2020	Friday, 06 November 2020
Sweet & Sour Vegan Stir-Fry on Egg Noodles V1	Creamy Soy & Butternut Lasagne with Steamed Cauliflower & Broccoli V1	Halloumi Kebabs, Creamy Potato Bake & Savoury Peas V1	Creamy Tofu & Butternut Pasta with a Pea Salad V1	Traditional Vegetarian Mince Bobotie with Yellow Rice & Carrot Salad V1
Vegetarian Mince & Roast Onion Cottage Pie with Sweetcorn Salad V2	Creamy Feta & Ranch Sauce Vegan Strips with Basmati Rice & Carrot Salad V2	Veg Bangers & Mash with Savoury Peas V2	BBQ Vegan Sausage with Roasted Potatoes & Creamy Spinach V2	Smokey BBQ Vegetarian Kebabs with a Creamy Potato Bake & Pea Salad V2
Monday, 09 November 2020	Tuesday, 10 November 2020	Wednesday, 11 November 2020	Thursday, 12 November 2020	Friday, 13 November 2020
Oriental Vegan Stir-Fry on Tri Coloured Noodles V1	Honey & Mustard Tofu Kebabs with Savoury Rice & Sweet Carrots V1	Vegetable Stir-Fry with White Rice V1	Indian Butter Chickpeas with Basmati Rice V1	Vegetarian Curry & Rice with Broccoli Salad V1
Vegetarian Schnitzel with Savoury Rice & Gravy with Creamy Broccoli V2	Rich Chickpea A La King on Fettuccini V2	Tofu with Creamy Spinach and Mushroom Sauce, Sauteed Potatoes & Sweet Carrots V2	Halloumi with Sheba, Mashed Potatoes & Roasted Butternut V2	Lemon & Herb Vegan Strips, Rice Salad & Broccoli Salad V2
Monday, 16 November 2020	Tuesday, 17 November 2020	Wednesday, 18 November 2020	Thursday, 19 November 2020	Friday, 20 November 2020
Lentil Stroganoff & Fettuccini with Carrot Salad V1	Feta & Halloumi Salad with Mandarin Segments V1	Vegetarian Schnitzel with Mushroom Sauce, Savoury Rice & Sweet Gem Squash V1	Tofu Cubes with a Creamy Balsamic Sauce, Yellow Rice & Savoury Peas V1	Cajun & Feta Vegan Strips with Roast Potatoes & Carrot Salad V1
Mild Vegetarian Curry Potjie with Rice & Carrot Salad V1	3-Cheese Cabbage Roll with Mustard Mash and Creamy Spinach V2	Chickpea & Spinach Lasagne with Sweet Gem Squash V2	Traditional Vegetarian Mince Bobotie, Yellow Rice & Savoury Peas V2	Breadless Vegetarian Cheese Burger with Roast Potatoes & Carrot Salad V2

Monday, 23 November 2020	Tuesday, 24 November 2020	Wednesday, 25 November 2020	Thursday, 26 November 2020	Friday, 27 November 2020
Traditional Vegetarian Mince Cottage Pie with Fried Baby Marrows V1	Savoury Chickpea & Feta Pancakes with Bechamel Sauce and Grated Cheddar V1	Sweet & Sour Vegetarian Stir-Fry on Egg Noodles V1	Traditional Chickpea & Lentil Dahl with Rice & Sweet Carrots V1	Vegetarian Schnitzel with Tomato Relish, Potato Hash Brown & Butternut Bake V1
Veggie-balls with a Creamy Tomato Gravy, Potato Wedges and Fried Baby Marrows V2	Braai Mushroom With Cheese & Pepper Sauce, Creamy Mash & Fried Cabbage V2	Hawaiian Vegetarian Kebabs, Creamy Potato Bake & 3-Bean Salad V2	Roasted Tofu Strips with Mushroom Sauce, Savoury Rice & Creamy Spinach V2	Layered Butternut & Baby Marrow Lasagne with Sweetcorn Salad V2
Monday, 30 November 2020	Tuesday, 01 December 2020	Wednesday, 02 December 2020	Thursday, 03 December 2020	Friday, 04 December 2020
Flour-Dusted Brinjals with a Creamy 3-Cheese Sauce, Roast Potatoes & Asian Stir-Fry Vegetables V1	0	0	0	0
Vegetarian Potjie with Rice & Creamy Spinach V2	0	0	0	0

Orders:  
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