

## Traditional Menu

## March 2021

	<b>Monday, 01 March 2021</b>	<b>Tuesday, 02 March 2021</b>	<b>Wednesday, 03 March 2021</b>	<b>Thursday, 04 March 2021</b>	<b>Friday, 05 March 2021</b>
Lunch	Creamy Mushroom & Cheddar Chicken Schnitzel with Savoury Cous-Cous and a Red Salad A	Beef Fillet Steak with a Tomato & Olive Sauce, Savoury Rice and Creamy Spinach A	Boerewors & Bacon Lasagne, Sweet Butternut A	Creamy Chicken & Mushroom Open Pie, Mash & Gravy and Cinnamon Sweetcorn A	Italian Spaghetti Bolognese with Steamed Broccoli & Cauliflower A
Dinner	Sweet & Sour Chicken Stir-Fry on Egg Noodles B	Italian Meatballs and Mozzarella Bake with Savoury Rice and Creamy Spinach B	Chicken, Bacon & Mushroom Bake, Roast Potatoes and Sweet Butternut B	Sweet & Sticky Chicken Kebabs with Mash & Gravy and Sweetcorn B	Honey & Mustard Hake & Mushroom, Potato Bake and Roast Veg B
	<b>Monday, 08 March 2021</b>	<b>Tuesday, 09 March 2021</b>	<b>Wednesday, 10 March 2021</b>	<b>Thursday, 11 March 2021</b>	<b>Friday, 12 March 2021</b>
Lunch	Chicken, Spinach & Feta Lasagne with a Herbed Greek Salad A	Pork Fillet with Fried Green Bean Stir-Fry, Origanum Roasted Potatoes, Sweet Carrots & Peas A	Creamy Chicken Stroganoff on Tri-Coloured Pasta A	Spicy Beef Dhal with Basmati Rice and Fried Baby Marrows A	Breadless Black Mushroom Burger with Potato Wedges and Fried Cabbage A
Dinner	Rich Beef & Red Wine Potjie with Savoury Rice and Steamed Broccoli B	Roasted Cajun Chicken & Feta, Origanum Potatoes with Sweet Carrots & Peas B	Braised Beef Short-Rib with Relish, Potato Gratin and Cheesy Cauliflower B	Mediterranean Tomato, Olive & Fish Bake with Basmati Rice and Fried Baby Marrows B	Lemon Coriander Roast Chicken, Potato Wedges and Fried Cabbage B
	<b>Monday, 15 March 2021</b>	<b>Tuesday, 16 March 2021</b>	<b>Wednesday, 17 March 2021</b>	<b>Thursday, 18 March 2021</b>	<b>Friday, 19 March 2021</b>
Lunch	Beef Fillet & Mushroom Kebabs with Monkeygland Sauce, Sunflower Fried Rice and Roasted Butternut A	Battered Fish with Rosemary Olive Mash, Sweetcorn & Peas A	Traditional Indian Butter Chicken and Sweetcorn Rice with Fried Spinach A	Mini Mince Wellington with a Mushroom & Cauliflower Bake A	Cheese Russian with Crispy Potato Cubes and Ratatouille Vegetables A
Dinner	Roast Pork Slices - Glazed, Potato Salad & No-Lettuce Greek Salad B	Beef Fillet with Creamy Mushroom Sauce, Gordon Ramsey's Potato Boulangère, Condensed Milk Carrots B	Fish & Rosemary Cottage Pie with Sweetcorn & Peas B	Boerewors & Bacon Lasagne with a Mushroom and Cauliflower Bake B	De-Boned BBQ Pork Rib with Crispy Potato Cubes and Ratatouille Vegetables B

	<b>Monday, 22 March 2021</b>	<b>Tuesday, 23 March 2021</b>	<b>Wednesday, 24 March 2021</b>	<b>Thursday, 25 March 2021</b>	<b>Friday, 26 March 2021</b>
Lunch	Beef Fillet & Mushroom Kebabs with Monkeygland Sauce, Sunflower Fried Rice and Roasted Butternut A	Battered Fish with Rosemary Olive Mash, Sweetcorn & Peas A	Traditional Indian Butter Chicken and Sweetcorn Rice with Fried Spinach A	Mini Mince Wellington with a Mushroom & Cauliflower Bake A	Cheese Russian with Crispy Potato Cubes and Ratatouille Vegetables A
Dinner	Rich Beef, Baby Marrow & Butternut Potjie, Mushroom Fried White Rice and Creamy Spinach B	Italian Spaghetti & Mushroom Bolognese with Jamie Oliver's Potroast Cauliflower B	Indian Butter Chicken on Basmati Rice, Tomato-Fried Eggplant B	Mexican Chicken, Potato & Kidney Bean Bake with Pumpkin Pie B	Moroccan Chicken & Mozzarella Bake with Savoury Cous-Cous and Orange Glazed Carrots B
	Monday, 29 March 2021	Tuesday, 30 March 2021	Wednesday, 31 March 2021		
Lunch	Creamy Pasta Al Fredo with Bacon and Steamed Mixed Vegetables on the Side D	Smokey BBQ Chicken and Feta Salad D	Pork Schnitzel with a Creamy Mushroom Sauce and Potato Wedges with Steamed Broccoli on the Side D		
Dinner	Honey Pineapple Glazed Gammon with Rice Salad & Carrot Salad B	Teriyaki Beef & Veg Stir-Fry on Rice Noodles B	Hungarian Beef Goulash with Savoury Rice and Savoury Peas B		

Orders:  
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