

## Traditional Menu

## February

	Monday, 01 February 2021	Tuesday, 02 February 2021	Wednesday, 03 February 2021	Thursday, 04 February 2021	Friday, 05 February 2021
Lunch	Hoisin Chicken & Mushroom Strips with Potato Wedges, Broccoli & Feta Roast D	Chicken, Spinach & Mushroom Cottage Pie with Roasted Butternut & Feta D	Sweet Chilli Steaks, Mashed Potatoes & Spicy Carrots D	Slow Cooked Chicken Cacciatore & Rice D	Chicken Schnitzel & Mushroom Sauce with Mashed Potatoes, Roasted Broccoli & Feta D
Dinner	Pork Roast & Gravy with Herbed Rice and Ratatouille B	Beef Stir-Fry with Feta & Peppadews on Egg Noodles B	Beef Cubes in Ratatouille with White Rice, Roasted Butternut & Feta B	Chicken & Baby Marrow Stir-Fry with Basmati Rice B	Cheese Russian with Creamy Feta Roasted Potatoes and Beetroot Salad B
	Monday, 08 February 2021	Tuesday, 09 February 2021	Wednesday, 10 February 2021	Thursday, 11 February 2021	Friday, 12 February 2021
Lunch	Mediterranean Hake with Herbed Brown Rice & Steamed Cauliflower D	Black Pepper, Cabbage & Beef Stir-Fry with Egg Noodles D	Honey-Pineapple Glazed Pork Steaks with Rice Salad & Carrot Salad D	Hoisin Beef & Mushroom Cubes, Rosemary Roast Potatoes & Beetroot Salad D	Traditional Indian Butter Chicken on Penne Pasta, Tomato & Olive Baby Marrows D
Dinner	Roast Beef with Potato Bake, Carrot & Pine Salad B	Chicken, Halloumi, Tomato & Olive Stir-Fry with Penne Pasta B	Lamb Stew with Cranberry Fried Wild Rice & Copper Penny Salad B	Hawaiian Sweet Chilli Chicken Kebabs, Rosemary Roast Potatoes & Beetroot Salad B	Deboned Pork Rib with Pepper Sauce, Cajun & Feta Potatoes, Tomato & Olive Baby Marrows B
	Monday, 15 February 2021	Tuesday, 16 February 2021	Wednesday, 17 February 2021	Thursday, 18 February 2021	Friday, 19 February 2021
Lunch	Rich Italian Bolognese on Spaghetti, Steamed Broccoli & Cauliflower D	Pap & Wors with Cheesy Cauliflower D	Chicken Tikka Strips with Rosemary Mash & Broccoli Salad D	Pap & Wors with Cheesy Cauliflower D	Beef Curry & Rice with Coleslaw D
Dinner	Roast Chicken Breast with a Smokey Mushroom Sauce, Savoury Rice & Sweet Butternut B	Beef Ratatouille with Rosemary Mash & Broccoli Salad B	Italian Meatballs with Savoury Cous-Cous and Sweetcorn Salad B	Chicken & Bacon Kebabs with Three Bean Salad & Savoury Rice Salad B	Breadless Feta & Mushroom Burger, Creamy Spinach & Coleslaw B
	Monday, 22 February 2021	Tuesday, 23 February 2021	Wednesday, 24 February 2021	Thursday, 25 February 2021	Friday, 26 February 2021
Lunch	Rich Beef Lasagne with Creamy Spinach & Sweet Butternut D	Sweet Chilli Pork Stir-Fry on Egg Noodles D	White Wine Fettuccini Alfredo with Bacon D	Durban Chicken Curry & Rice with Coleslaw D	Honey Mustard Pork Kebabs with a Creamy Pasta Salad D

Dinner	Grilled Chicken with BBQ Onion, Creamy Spinach & Potato Salad B	Chicken and Spinach Lasagne with Roast Broccoli & Cauliflower B	Creamy Chicken & Bechamel Sauce Pancakes with Grated Cheddar B	Hake Sorento (Fried Mushroom, Tomato, Olives & Mozzarella) with Creamy Broccoli & Potato Bake B	Chicken Cacciatore with Herbed Basmati Rice and Savoury Sweetcorn B
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Orders:

Info:

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