

Simply Fresh Foods Apr 2025 Traditional Menu

Monday, 31 March 2025	Tuesday, 01 April 2025	Wednesday, 02 April 2025	Thursday, 03 April 2025	Friday, 04 April 2025
Chicken Schnitzel, Creamy Mushroom Sauce, Paprika Potato Wedges, Sweet Mixed Vegetables & Cream Spinach B	Meatballs, Pap & Sheba, Fried Green Beans & Beetroot B	Creamy Portuguese Chicken Curry with Mashed Potatoes, Roasted Butternut & Sweet Corn B	Sweet & Sour Pork Stir-Fry with Sweet Carrots, White Rice & Creamy Broccoli B	Spaghetti Bolognese, Sweet Pumpkin & Stir-Fry Marrows B
Monday, 07 April 2025	Tuesday, 08 April 2025	Wednesday, 09 April 2025	Thursday, 10 April 2025	Friday, 11 April 2025
Chicken Schnitzel with Mushroom Sauce, Roast Potato, Fried Cabbage & Beetroot Salad B	Guinness Pork Stew, Mash, Gem Squash & Mashed Carrots B	BBQ Chicken Kebabs, Baked Potato, Hubbard Squash & Coleslaw B	Crumbed Pork Steaks & Mushroom Sauce, Rice, Mixed Vegetables & Pumpkin Pie B	Open Chicken Pie on Rice, Mashed Green Beans & Citrus Carrots B
Monday, 14 April 2025	Tuesday, 15 April 2025	Wednesday, 16 April 2025	Thursday, 17 April 2025	Friday, 18 April 2025
Sliced Pork Belly, Baked Potato, Creamy Baby Marrows & Mielies B	Lamb Kofta Topped with a Rich Italian Sauce, Savoury Rice, Pumpkin Wedges, Broccoli & White Sauce B	Deboned Pork Rib, Mushroom Sauce, Mash, Roast Sweet Potato & Country Mixed Vegetables B	Chicken Curry & Pap , Mashed Green Beans and Gemsquash B	Pork Schnitzel, Savoury Yellow Rice, Creamy Spinach & Mashed Carrots B
Monday, 21 April 2025	Tuesday, 22 April 2025	Wednesday, 23 April 2025	Thursday, 24 April 2025	Friday, 25 April 2025
Hungarian Beef Goulash, Mashed Potatoes, Pumpkin Pie & Roasted Vegetables B	Crumbed Pork Steak, Sautéed Potatoes, Steamed Carrots & Sweet Peas B	Honey Soya Chicken Strips, Couscous, Baked Broccoli & White Sauce, Gemsquash B	Deboned Pork Ribs with Fried Onion & Mayo, Rice, Sweet Carrots & Cream Spinach B	Creamy Chicken Pancakes with Béchamel Sauce , Roast Pumpkin & Mashed Green Beans B